



*Rising Above
Your Bullies*



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People who are hurting often hurt others. Bullies often feel bad about themselves or their circumstances, so they look for someone who appears to be meek to pick on so they will feel stronger. The Bible says we are to love one another and, if possible, to live at peace with everyone.

When we hurt others, it makes God feel sad. Jesus understands your pain, for He Himself was bullied, and in His pain He prayed for those who were mean to him and forgave them. We should also forgive those who hurt us and pray for them even though it's hard.

Matthew 5:44 says, "Love your enemies and pray for those who persecute you." Leave the rest to God, for He will defend you. He is a defender of the weak. If someone is bullying you, go to an adult and tell them immediately. Before you react with bullies ask yourself what would Jesus do. He is our example. I love you, Jesus.



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